

Ramzan Workbook (English Version)

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Introduction

Ramzan is the month of training and purification. Allah Almighty blesses people in this month specially by showering His excessive virtues. This Ramzan Workbook is specially designed to give an opportunity to a Muslim so that he may train and purify himself/herself not only in the month of Ramzan but in other months too. In this way, a Muslim can be free from being trapped by the devil.

Part 1: Questions on Daily Basis

Before going to bed spend 10 minutes daily to fill this questioner

Section A---Obligatory Questions

This section of the questions is based on the subject concerned with Islam which is directly related and compulsory to practise and prevent oneself from the vices.

S.No	Question	Yes	No	N.A.
1	I performed the five daily prayers today.			
2	I did not perform any bad deeds today with my hands, eyes or any other body part nor did I try to satisfy any sex related activity.			
3	I obeyed my parents and comforted them today.			
4	I neither used foul language nor did I fight with any one today.			
5	I did not hate, make enmity, and think about taking revenge today.			
6	I fulfilled all the promises today that I had made with others.			
7	During my duty hours I neither did shorten my work period nor left my work undone today.			
8	Today I never talked nonsense nor cracked nasty jokes.			
9	Without conforming the authenticity of news today, I did not spread it trough any means whether email, SMS, word of mouth, etc.			
10	Today I never tried to probe out the defects and shortcomings of any individual.			

11	Today I did not entertain any misgiving with neither the people nor my relatives.			
12	I did not backbite today.			
13	I never taunted nor called by bad name today.			
14	I was not jealous with anyone today.			
15	Today in my talk, dress, way of walking and practise did not show any kind of arrogance.			
16	Today I did not make a joke of anyone.			
17	Today I did not call anyone with a bad name, title, or taunt an individual.			
18	Today in spite of getting angry I did not misuse my tongue or my manner.			
19	Today I did not falsely accuse, blame, and lied.			
20	Today I gave goods of daily use for use on demand.			
21	Today I did not lie.			
22	Today I did not perform a job to please Allah Almighty for the sake of demonstrating to others.			
23	Today I neither indulged in gambling nor speculation.			
24	Today I never bribed, fraud, and did not do wrong to earn through illegal means.			
25	Today on the basis of being a supplier I did not give less, make goods impure, piled goods, and sell forbidden goods.			
26	Today I was modest and guarded my eyes.			
27	Today I did not break the rules and regulations made by the Government (i.e. traffic, giving of tax, rules of civil servants, etc.)			
28	Today I did not pollute my ears, eyes, and thoughts by watching TV, internet or from any other source.			
29	Today I did not hurt any ones feelings.			
30	Apart from the above factors I did not do any forbidden things.			

Section B--- Optional Questions

This section is optional in Islam. But by acting on them one comes closer to Allah Almighty.

S.No.	Question	Yes	No	N.A.
1	Today I read a part of the Quran (reading the Quran by understanding is preferable)			
2	Today I prayed Taravee (according to Hanafi school of thought praying taravee is compulsory and an obligation).			
3	I offered additional (thajjud) prayers today.			
4	Today I spent money in the way of Allah (i.e. giving charity, inviting for breaking of fast).			
5	Today I read an Islamic book or attended an Islamic lecture.			
6	Today I memorised a new sura or a verse.			
7	Today I performed all the five prayers in the Mosque.			

Part 2: Weekly Questions

In the month of Ramzan answer the following questions every Friday.

S.No	Question	Yes	No	N.A.
1	I offered Juma congregation today.			
2	I took account of all my sins and asked Allah Almighty for forgiveness.			
3	I tried to correct my sins.			
4	I inquired about my brothers, sisters, and relatives especially my poor relatives.			
5	I tried to take out time out of my busy schedule to serve and properly train my children on the basis of Islam.			

Part 3: Questions after 14 Days

After 14 days of Ramzan answer the following questions.

S.No.	Question	Yes	No	N.A.
1	I have read at least half of the Quran (reading the Quran with meaning is preferable).			
2	I have corrected half of my ill doings.			
3	I have learned a new part with meaning from the Quran.			
4	Whatever targets I had set for myself I am achieving them.			

Part 4: On the last day of Ramzan

By the end of Ramzan or the last odd night answer the following questions.

S.No.	Question	Yes	No	N.A.
1	I have taken note of all the mistakes or wrong doings and asked for forgiveness.			
2	I have read the whole of Quran at least once (reading of Quran with meaning is preferable).			
3	I woke up and prayed on all the five odd(taq) nights.			
4	I have learned to control my desires and achieved success likewise.			
5	I have made a covenant that I would prevent myself from the mistakes and fulfill the above factors even after Ramzan.			

Part 5: Assignment and Guidelines

A. For all those who are fasting

1. In the month of Ramzan at least five additional targets to be fulfilled and their methodology to be noted down.

i. -----

ii. -----

iii. -----

iv. -----

v. -----

Other mistakes-----

2. Name the five mistakes that you normally do but not in Ramzan.

i. -----

ii. -----

iii. -----

iv. -----

v. -----

Other mistakes -----

3. Write the names of ill doings that you do even in Ramzan and that you are still doing

i. -----

ii. -----

iii. -----

iv. -----

v. -----

Others -----

4. Memorise the meaning of the opening chapter (sura Fathia) and other suras of the Quran that you read in the prayers in English.

5. How many ever suras you know memorise their meanings in English and test yourself by either making someone to listen to you or by writing it down.

6. Try and find five Hadiths from the newspaper, internet or any other source and write its matter in your own words.

i.-----

ii.-----

iii.-----

iv.-----

v.-----

7. Read any book on the character of Prophet Muhammad (saw) and write 10 characteristics.

i.-----

vi.-----

ii.-----

vii.-----

iii.-----

viii.-----

iv.-----

ix.-----

v.-----

x.-----

8. Try to attract Muslims of Pakistan towards Islam. Suggest three measures for attracting Muslims of Pakistan towards Islam.

i.-----

ii.-----

iii.-----

9. Which sura of the Quran has no Bismillah and what is its reason?

10. The characteristics given by Allah Almighty in sura Furqan of the Quran, how much do you observe?

B: For those who wake up in the night.

1. Try to spend the night in loneliness and recite long suras which ever you remember in the additional (nawafil) prayers and offer them in peaceful mood.
2. Try to take advantage of the opportunity that according to some scholars one can pray by holding the Quran in hand.
3. According to some scholars one can make long supplications in sijda (prostration) in ones language so start practising in the Mosque.
4. Make supplication apart from prayers. Supplication does not only mean increasing of wealth, success in this world and material growth but it also means talking to Allah Almighty, praising Him, thinking and believing and thus talking to Him. Think that He is near you and humble yourself towards Him for mercy. Today in the night nobody will return empty handed.
5. Try to remember your sins, ask forgiveness for them by weeping. Make a vow that you will not do them again.
6. In case time does not pass away then use it for reading the Quran with translation and explanation.
7. What ever praises (tasbi) you know make praises either by counting them or not counting them by understanding their meanings thereby.
8. Paradise, Hell, Kingdom ship of Allah Almighty, Mercy, Grandeur, and many other names try and bring them in your mind so that you get close to Allah Almighty.
9. Ponder over the creation of Universe and Allah Almighty being the Creator, Omnipotence, and Wise and try to explain it.

C: For those who will be restraining (Itikaf) themselves.

1. Apart from the above factors additional work should be done to come near to Allah Almighty.
2. Reading Quran with meaning and explanation (either by Ameen Ahsan Islahi or Mufti Shafi) any book on biography of Prophet Muhammad (saw) like (Raheel-ul-Maktoom) and book of praises like (hasna haseen) etc must be brought along.
3. Make a habit of performing additional prayers on a daily basis and restrain yourself from talking unnecessarily with others.
4. Write a passage on how you would make yourself better next time in Ramzan.
5. Make a list of your past sins and try to rectify them.
6. Make a list about future plan as to how you would purify yourself and restrain from making sins.
7. Attend future lectures in the Mosque and take advantage by sitting in the company of religious scholars.

8. At least read once the whole Quran with meaning and explanation.
9. Do not burden yourself in the remembrance of Allah Almighty like additional prayers reading Quran with meaning and explanation in case you become ill and cannot even perform the **obligation**.

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